Dear Parent and Junior Cyclist.

Thank you for your participation in the upcoming SXCC Junior Open (NAJRS).

Races are run in accordance with AusCycling Technical Regulations. Please refer to:

[AusCycling Technical Regulations](#)

Sign On

Sign on is at the club house adjacent to the start/finish line.

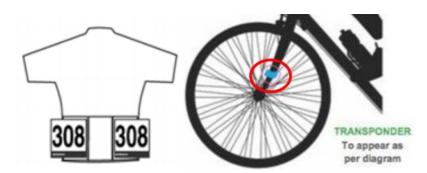- Your Registration Pack includes race numbers and race chip.

Roll-Out and Helmet Check

All riders must roll out their bikes and have their helmets checked before each race.

- **Each bike MUST be rolled out at least <u>15 MINUTES PRIOR</u> to the race.**
- Roll-out is held near to the top of Track 1 next to Marshalling.

Preparation.

- Road Regulation: 1.02.03 effective 1/1/24. Brakes hoods must be parallel to the top tube when the handle bars are pointing straight ahead. i.e. they cannot be pointing inwards.
- Road Regulation: 1.02.04 effective 21/6/22. Maximum rim depth for all Juniors is 44mm with minimum of 16 spokes (deeper rims will not be permitted).
- Number and transponder placement (transponder on right or left side of front fork)

TRANSPONDER
To appear as
per diagram

Roll-Out Procedure

- Show your race numbers pinned in position to the commissaire.
- Show your helmet (no visor attached) to the commissaire with the standards sticker visible.
- Select the hardest gear (large front ring and smallest cog at the rear).
- Riders placing 1st to 5th will be required to report for roll-out at the end of the race.
- Failure to complete roll-out may provide reason for relegation.
- Gears must be locked off to prevent a rider using a gear that would enable them to roll over the maximum roll out distance as detailed below:
  - U9, U11, U13 -5.50m
  - U15 – 6.10m
  - U17 – 7.00m

Individual Time Trial

- **Only** standard road bikes can be used.
- **No** time trial bikes or clip on bars are permitted

Warm Up

- No riders will be allowed on the track until advised by the Chief Commissaire.
- Track will be open for familiarisation as per the advertised race schedule.
- No warm-up will be allowed on the course while racing is in progress.
- If warming up in the car park or on local roads, please be careful and respect all road rules

Marshalling

- **All riders are to be present at Marshalling 10 minutes prior to their race commencing having had their bikes rolled out**.
- Marshalling area is restricted to Commissaires and riders only, except for participation, U9 and U11 riders where ONE guardian per rider is allowed.

Racing Rules

- Races are run in accordance with AusCycling Technical Regulations.
- All competitors to be at marshalling 10 minutes before their race at the junction of Tracks 1 & 2, **having completed roll out** to be briefed by the Commissaire.
- Race distances may be shortened by the Chief Commissaire due to a number of circumstances to enable all races to be completed within the time schedule.
- Due to time constraints and safety concerns, lapped riders may be asked to retire from the race. Places will be awarded on the position held at the time of withdrawal.
- Once each competitor has crossed the finish line on their last lap they must turn up Track 1 as the next race will be starting immediately after the last competitor finishes.
- The first five finishers in each race are required to roll out immediately after their race.
- Should races need to be combined for unforeseen reasons, to meet time constraints. Please take care when passing slower riders / grades.
- Commissaires may adjust race distances to ensure a separate finish for each division if 2 separate races are held at the same time.

Road Race Spares

- There will be no neutral spares – all spares to be provided by the riders.
- Any change of spares must be undertaken by the rider (a parent may assist).
- There is no lap out for a mechanical, riders must chase back to the bunch.

Criterium Race Spares

- There will be no neutral spares – all spares to be provided by the riders.
- Any change of spares must be undertaken by the rider (a parent may assist).
- Crit pits are marked on the map. This is the only place a competitor can take 1 lap out for mechanical reasons only.

100mtr Sprint Race

- This is a fun event and will give riders to demonstrate their sprint skills.
- Riders will start in heats with 1 foot on the ground and sprint for 100mtrs.
- Winners of the heats will progress to the final.

Presentation / Podium

- Presentations will be held as soon as practical after the event. The MC will advise when presentations will be held.
- All place getters must be in their cycling kit for the presentation.

Spectator area

- Spectators must remain on the outside of the track behind the barriers at all times.

BBQ / Coffee Van

- BBQ: Sausage sandwiches and bacon & egg rolls will be available from 8.00am to 2.00pm. Coffee and drinks are available on site.

Toilets

- Toilets are at the club house. Please keep them clean.

Weather

- The event will proceed as planned unless the conditions are deemed to be unsafe by the Race Organiser and Chief Commissaire.

Note: Refer to map below

Track 2 refers to 900m of Track 2 at Waratah Park

Track 3 refers to 1,500m of Track 3 at Waratah Park

Race Schedule

SXCC Junior Open: Saturday 2025			
U9 to U17 Individual Time Trial	Start at minute intervals		
Approx. Start Time	Age Group	Track	Distance
8:30:00	Tracks 2 & 3 open for warm up		
8:50:00	Track closed	Marshalling for: U9 G & B	
9:00:00	U9G / U9B	2	1 lap (0.9km)
	U11G	2	2 laps (1.8km)
	U11B	2	2 laps (1.8km)
	U13G	3	2 laps (3.0km)
	U13B	3	2 laps (3.0km)
	U15W	3	2 laps (3.0km)
	U15M	3	2 laps (3.0km)
	U17W	3	2 laps (3.0km)
	U17M	3	2 laps (3.0km)
11:15:00	ITT Finish		

U9 to U17 Super Sprint - Heats	Each heat starts 1 minute apart		
Approx. Start Time	Age Group	Track	Distance
11:20:00	Track closed	Marshalling for all ages	
11:30:00	U9G / U9B	Main Straight	100mtr
11:34:00	U11G	Main Straight	100mtr
11:38:00	U11B	Main Straight	100mtr
11:42:00	U13G	Main Straight	100mtr
11:46:00	U13B	Main Straight	100mtr
11:50:00	U15W	Main Straight	100mtr
11:55:00	U15M	Main Straight	100mtr
12:00:00	U17W	Main Straight	100mtr
12:05:00	U17M	Main Straight	100mtr
12:10:00	Super Sprint Heat Finish		

U9 to U17 Super Sprint - Final		Each final starts 1 minute apart	
Approx. Start Time	Age Group	Track	Distance
12:15:00	U9G / U9B	Main Straight	100mtr
12:16:00	U11G	Main Straight	100mtr
12:17:00	U11B	Main Straight	100mtr
12:18:00	U13G	Main Straight	100mtr
12:19:00	U13B	Main Straight	100mtr
12:20:00	U15W	Main Straight	100mtr
12:21:00	U15M	Main Straight	100mtr
12:22:00	U17W	Main Straight	100mtr
12:23:00	U17M	Main Straight	100mtr
12:24:00	Super Sprint Final Finish		

U9 to U17 Kermese			
Approx. Start Time	Age Group	Track	Laps
12:35:00	Track closed	Marshalling for U9 G & B	
12:45:00	U9G / U9B	2	3 laps
12:53:00	U11G	2	5 laps
13:07:00	U11B	2	5 laps
13:20:00	U13G	3	7 laps
13:42:00	U13B	3	7 laps
14:02:00	U15W	3	10 laps
14:29:00	U15M	3	10 laps
14:53:00	U17W	3	13 laps
15:27:00	U17M	3	13 laps
15:57:00	Kermese Finish		

Note: Refer to map below

Track 2 refers to 900m of Track 2 at Waratah Park

Track 3 refers to 1,500m of Track 3 at Waratah Park

Race Schedule

SXCC Junior Open: Sunday 2025			
U9 to U17 Crits			
Approx. Start Time	Age Group	Track	Distance
7:30:00	Tracks 2 & 3 open for warm up		
7:40:00	Track closed	Marshalling for: U13G	
7:50:00	U9G / U9B	2	6 mins + 1 lap
8:02:00	U11G	2	7 mins + 2 laps
8:15:00	U11B	2	7 mins + 2 laps
8:28:00	U13G	2	10 mins + 2 laps
8:43:00	U13B	2	10 mins + 2 laps
8:58:00	U15W	2	15 mins + 2 laps
9:17:00	U15M	2	15 mins + 2 laps
9:36:00	U17W	2	19 mins + 2 laps
9:59:00	U17M	2	19 mins + 2 laps
10:22:00	Criteriums Finish		

U9 to U17 Road Races			
Approx. Start Time	Age Group	Track	Distance
10:40:00	Track closed	Marshalling for: U9	
10:50:00	U9G / U9B	2	3 laps (2.7km)
10:59:00	U11G	2	4 laps (3.6km)
11:10:00	U11B	2	4 laps (3.6km)
11:21:00	U13G	3	10 laps (9.0km)
11:40:00	U13B	3	10 laps (9.0km)
11:57:00	U15W	3	12 laps (18.0km)
12:35:00	U15M	3	12 laps (18.0km)
13:08:00	U17W	3	21 laps (31.5km)
14:07:00	U17M	3	21 laps (31.5km)
15:00:00	Racing Finishes - Thank you everyone!!		

Map Key

1 = Track Crossing to Registration / Canteen

2 = Start / Finish

3 = Track Crossing to Rollout / Marshalling

4 = Track exit

5 = Crit Pit